

MILAM COUNTY HEALTH DEPARTMENT

MONTHLY NEWSLETTER

PRODUCED BY MONICA STEWART-MILAM COUNTY PUBLIC HEALTH PREPAREDNESS
OFFICE

209 S. HOUSTON AVENUE, CAMERON, TX 76520 (254) 697-7092



MEASLES

Measles is a highly contagious disease. It can be serious for young children. Protect your child by making sure he or she is up to date on vaccinations, including before traveling abroad. Measles is a highly contagious disease caused by a virus. Measles starts with a fever. Soon after, it causes a cough, runny nose, and red eyes. Then a rash of tiny, red spots breaks out. It starts at the head and spreads to the rest of the body. Measles can be serious for young children. It can lead to pneumonia, encephalitis (swelling of the brain), and death.

If you or a loved one have not been vaccinated or need more information you can call the Local Health Department or your healthcare provider for more information.

ImmTrac Registry

Just a reminder that if your child is turning 18 they need to sign a consent to stay in the Texas Immunization Registry. This resource is amazing for obtaining shot records through out the state of Texas. If you have any questions please call Maribel Gonzales @ 254-697-7039.

IMPORTANT NUMBERS

Milam County Health Department
(254) 697-7039

Public Health Preparedness
(254) 697-7092

Milam County Emergency Mgmt.
(254) 697-7060

Milam County Extension Office
(254) 697-7045

Milam County WIC
Cameron (254) 697-4913
Rockdale (512) 446-6245

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HELPFUL WEBSITES

WWW.READY.GOV

WWW.CDC.GOV

WWW.MILAMHEALTH.COM

CLINIC HOURS

MONDAY & WEDNESDAY-CAMERON 8-5
TUESDAY & THURSDAY-ROCKDALE 9-12 & 1-4:30

The Texas Vaccines for Children (TVFC) Program provides free or low cost to children that qualify. Please call the Milam County Health Department or your primary care physician for more information and to see if your child qualifies.